

**Physiological Pain Portals and sodium channel blocks; a revolutionary new pain management system.**

This talk explains the procedure of sodium channel blocks using hexadiluted Xylocaine with clonidine, injected in spots or points proximal or distal to the the actual pathology, producing rapid relief from pain in many neuro muscular and similar pathologies.

These blocks have revolutionized pain management and find use in a plethora of conditions.

**Molecular hydrogen as anti oxidant and in musculoskeletal disorders.**

Molecular hydrogen is the strongest antioxidant known to date, and the short talk describes the indications, and explains the procedural details for administering an anti oxidant nutraceutical cocktail, which is extremely beneficial in many conditions like diabetes, liver disorders, pulmonary issues including COPD, and numerous other conditions.